



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2023

WINTER BASKETBALL LEAGUE

JANUARY 14 – MARCH 4 (8 weeks)

FRIDAYS & SATURDAYS

YMCA SILVER SPRING GYM

Fee (Full /Prog): \$104 /\$119



Players will be encouraged to develop mental, physical, and social abilities through basketball drills, skills building, and games. Players will build fundamentals, teamwork, and most import having fun!

- Parents volunteer coach /referee/ time keepers
- Games /Practices are 40-45 minutes in length
- Everyone plays

GAMES

AGES	DAY	TIMES	LOCATION
8-9	Saturday	12:00 – 12:45 PM	YSS GYM
6-7	Saturday	1:00 – 1:45 PM	YSS GYM
4-5	Saturday	2:00 – 2:45 PM	YSS GYM

PRACTICES

AGES	DAY	TIMES	LOCATION
8-9	Friday	5:00 – 5:45 PM	YSS GYM
6-7	Friday	6:00 – 6:45 PM	YSS GYM
4-5	Saturday	2:00 – 2:45 PM	YSS GYM



Please Contact (301) 585-2120 or Youth Sports Director