

A-POOL SCHEDULE (June 16th – July 31st)

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------------|------------------------------|------------------------------|------------------------------|-------------------------------|------------------------------|---------------------------|---------------------------|
| 6:00 | | | | | | | |
| 6:15 | | | | | | | |
| 6:30 | | | | | | | |
| 6:45 | | | | | | | |
| 7:00 | | | | | | | Closed |
| 7:15 | 3 LAP 1 REC | 3 LAP 1 REC | 3 LAP 1 REC | 3 LAP 1 REC | 3 LAP 1 REC | 3 LAP 1 REC | |
| 7:30 | | | | | | | |
| 7:45 | | | | | | | |
| 8:00 | | | | | | | |
| 8:15 | | | | | | | |
| 8:30 | | | | | | | |
| 8:45 | | | | | | | |
| 9:00 | | | | | | | |
| 9:15 | 2 Aerobics 1 REC 1 LAP | 2 Aerobics 1 REC 1 LAP | 2 LAP 2 REC | 2 Aerobics 1 REC 1 LAP | 2 Aerobics 1 REC 1 LAP | | |
| 9:30 | | | | | | | |
| 9:45 | | | | | | | |
| 10:00 | | | | | | | |
| 10:15 | 2 LAP 1 Camp 1 REC | 2 LAP 1 Camp 1 REC | 2 LAP 1 Camp 1 REC | 2 Aerobics 1 Camp 1 LAP | 2 LAP 1 Camp 1 REC | 2 CLASS 1 REC 1 LAP | 2 CLASS 1 REC 1 LAP |
| 10:30 | | | | | | | |
| 10:45 | | | | | | | |
| 11:00 | | | | | | | |
| 11:15 | 2 Aerobics 1 REC 1 LAP | 2 Aerobics 1 REC 1 LAP | 2 Aerobics 1 REC 1 LAP | 2 Aerobics 1 REC 1 LAP | | | |
| 11:30 | | | | | | | |
| 11:45 | | | | | | | |
| 12:00 | | | | | | | |
| 12:15 | | | | | | | |
| 12:30 | | | | | | | |
| 12:45 | | | | | | | |
| 1:00 | | | | | | | |
| 1:15 | | | | | | | |
| 1:30 | | | | | | | |
| 1:45 | | | | | | | |
| 2:00 | | 2 LAP 2 REC | | | 2 LAP 2 REC | | |
| 2:15 | | | | | | | |
| 2:30 | 2 LAP 2 REC | | | 2 LAP 2 REC | | | |
| 2:45 | | | | | | | |
| 3:00 | | | | | | | |
| 3:15 | | | | | | | |
| 3:30 | | | | | | | |
| 3:45 | | | | | | | |
| 4:00 | | | 2 LAP 2 REC | | | | |
| 4:15 | | | | | | 2 LAP 2 REC | 2 LAP 2 REC |
| 4:30 | | | | | | | |
| 4:45 | | | | | | | |
| 5:00 | | | | | | | |
| 5:15 | 2 CLASS 1 REC 1 LAP | 2 CLASS 1 REC 1 LAP | | 2 CLASS 1 REC 1 LAP | 2 CLASS 1 REC 1 LAP | | |
| 5:30 | | | | | | | |
| 5:45 | | | | | | | |
| 6:00 | | | | | | | |
| 6:15 | | | | | | | |
| 6:30 | | | | | | | |
| 6:45 | | | | | | | |
| 7:00 | | | | | | | |
| 7:15 | 2 LAP 2 REC | 2 LAP 2 REC | | 2 LAP 2 REC | 2 LAP 2 REC | | |
| 7:30 | | | | | | | |
| 7:45 | | | | | | | |
| 8:00 | | | | | | | |
| 8:15 | 4 Lap | 4 Lap | 4 Lap | 4 Lap | 4 Lap | Closed | Closed |
| 8:30 | | | | | | | |
| 8:45 | | | | | | | |
| 9:00 | | | | | | | |
| 9:15 | | | | | | | |
| 9:30 | | | | | | | |
| 9:45 | | | | | | | |
| 10:00 | | | | | | | |
| 10:15 | Closed | Closed | Closed | Closed | Closed | | |
| 10:30 | | | | | | | |

B-POOL SCHEDULE (June 16th – July 31st)

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------------|--------------------|-----------------|--------------------|-------------------------|---------------------|--------------------|------------------|
| 6:00 | | | | 2 SWIM TEAM 2 LAP | | | |
| 6:15 | | | | | | | |
| 6:30 | | | | | | | |
| 6:45 | | | | | | | |
| 7:00 | | | | | 3 LAP 1 REC | 3 LAP 1 REC | Closed |
| 7:15 | | | | | | | |
| 7:30 | | | | | | | |
| 7:45 | 3 LAP 1 REC | 3 LAP 1 REC | 3 LAP 1 REC | | | | |
| 8:00 | | | | 3 LAP 1 REC | 2 Aerobics 2 LAP | | |
| 8:15 | | | | | | | |
| 8:30 | | | | | | | |
| 8:45 | | | | | | | 4 LAP |
| 9:00 | | | | | 3 LAP 1 REC | | |
| 9:15 | | | | | | | |
| 9:30 | | | | | | 2 CLASS 2 LAP | |
| 9:45 | | | | | | | |
| 10:00 | | | | | 3 Camp 1 LAP | | |
| 10:15 | | | | | | | |
| 10:30 | | | | | | | |
| 10:45 | | | | | | | |
| 11:00 | 3 Camp 1 LAP | 3 Camp 1 LAP | 3 Camp 1 LAP | 3 Camp 1 LAP | | | 2 CLASS 2 LAP |
| 11:15 | | | | | | | |
| 11:30 | | | | | | 3 ADAPTIVE SWIM | |
| 11:45 | | | | | | | |
| 12:00 | | | | | | 1 LAP | |
| 12:15 | | | | | | | |
| 12:30 | | | | | | | |
| 12:45 | | | | | | | |
| 1:00 | | | | | 3 LAP 1 REC | | |
| 1:15 | | | | | | | |
| 1:30 | 3 LAP 1 REC | | 3 LAP 1 REC | | | | |
| 1:45 | | | | | | | |
| 2:00 | | 3 LAP 1 REC | | 3 LAP 1 REC | | | |
| 2:15 | | | | | | | |
| 2:30 | | | | | | | |
| 2:45 | | | | | | | |
| 3:00 | | | | | | | |
| 3:15 | | | | | | | |
| 3:30 | | | | | | | |
| 3:45 | | | | | | | |
| 4:00 | | | | | | | |
| 4:15 | 3 SWIM TEAM | | 3 SWIM TEAM | | 3 SWIM TEAM | 3 LAP 1 REC | 3 LAP 1 REC |
| 4:30 | | 3 SWIM TEAM | | 3 SWIM TEAM | | | |
| 4:45 | 1 LAP | | 1 LAP | | 1 LAP | | |
| 5:00 | | 1 LAP | | 1 LAP | | | |
| 5:15 | | | | | | | |
| 5:30 | | | | | | | |
| 5:45 | | | | | | | |
| 6:00 | | | | | | | |
| 6:15 | | | | 2 Aerobics 2 LAP | | | |
| 6:30 | | | | | | | |
| 6:45 | | | | | | | |
| 7:00 | 3 LAP 1 REC | | 3 LAP 1 REC | | 3 LAP 1 REC | | |
| 7:15 | | | | | | | |
| 7:30 | | | | | | | |
| 7:45 | | 3 LAP 1 REC | | | | | |
| 8:00 | | | | 3 LAP 1 REC | | | |
| 8:15 | 3 MASTERS 1 LAP | | 3 MASTERS 1 LAP | | 3 MASTERS 1 LAP | | |
| 8:30 | | | | | | | |
| 8:45 | | | | | | | |
| 9:00 | | | | | | | |
| 9:15 | 4 LAP | | 4 LAP | | 4 LAP | Closed | Closed |
| 9:30 | | | | | | | |
| 9:45 | | | | | | | |
| 10:00 | | | | | | | |
| 10:15 | Closed | Closed | Closed | Closed | Closed | | |
| 10:30 | | | | | | | |

OUTDOOR POOL SCHEDULE (June 16th – July 31st)

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|----------------|----------------|
| 6:00 | | | | | | | |
| 6:15 | | | | | | | |
| 6:30 | 5 MASTERS 3 LAP | Closed | 5 MASTERS 3 LAP | Closed | 5 MASTERS 3 LAP | Closed | |
| 6:45 | | | | | | | |
| 7:00 | | | | | | | |
| 7:15 | | | | | | | Closed |
| 7:30 | | | | | | 8 LAP | |
| 7:45 | | | | | | | |
| 8:00 | | | | | | | |
| 8:15 | 6 LAP 2 REC | 6 LAP 2 REC | 6 LAP 2 REC | 6 LAP 2 REC | 6 LAP 2 REC | | |
| 8:30 | | | | | | | 8 LAP |
| 8:45 | | | | | | | |
| 9:00 | | | | | | | |
| 9:15 | | | | | | | |
| 9:30 | | | | | | | |
| 9:45 | | | | | | | |
| 10:00 | | | | | | | |
| 10:15 | | | | | | | |
| 10:30 | | | | | | | |
| 10:45 | | | | | | | |
| 11:00 | | | | | | | |
| 11:15 | | | | | | | |
| 11:30 | | | | | | | |
| 11:45 | | | | | | | |
| 12:00 | | | | | | | |
| 12:15 | 5 LAP 2 Camp 1 REC | 5 LAP 2 Camp 1 REC | 5 LAP 2 Camp 1 REC | 5 LAP 2 Camp 1 REC | 5 LAP 2 Camp 1 REC | | |
| 12:30 | | | | | | | |
| 12:45 | | | | | | | |
| 1:00 | | | | | | | |
| 1:15 | | | | | | | |
| 1:30 | | | | | | 5 LAP 3 REC | 5 LAP 3 REC |
| 1:45 | | | | | | | |
| 2:00 | | | | | | | |
| 2:15 | | | | | | | |
| 2:30 | | | | | | | |
| 2:45 | | | | | | | |
| 3:00 | | | | | | | |
| 3:15 | | | | | | | |
| 3:30 | | | | | | | |
| 3:45 | | | | | | | |
| 4:00 | | | | | | | |
| 4:15 | | | | | | | |
| 4:30 | | | | | | | |
| 4:45 | | | | | | | |
| 5:00 | | | | | | | |
| 5:15 | 5 LAP 3 REC | 5 LAP 3 REC | 5 LAP 3 REC | 5 LAP 3 REC | 5 LAP 3 REC | | |
| 5:30 | | | | | | | |
| 5:45 | | | | | | | |
| 6:00 | | | | | | | |
| 6:15 | | | | | | | |
| 6:30 | | | | | | | |
| 6:45 | | | | | | 6 LAP 2 REC | 6 LAP 2 REC |
| 7:00 | | | | | | | |
| 7:15 | | | | | | | |
| 7:30 | | | | | | | |
| 7:45 | | | | | | | |
| 8:00 | | | | | | | |
| 8:15 | 6 LAP 2 REC | 6 LAP 2 REC | 6 LAP 2 REC | 6 LAP 2 REC | 6 LAP 2 REC | | |
| 8:30 | | | | | | | |
| 8:45 | | | | | | | |
| 9:00 | | | | | | | |
| 9:15 | Closed | Closed | Closed | Closed | Closed | Closed | Closed |
| 9:30 | | | | | | | |
| 9:45 | | | | | | | |
| 10:00 | | | | | | | |
| 10:15 | | | | | | | |
| 10:30 | | | | | | | |