



YMCA FAIRFAX COUNTY RESTON

# 2025 FALL SWIM SESSION

SEPT 06. – OCT 19.

\*ACTIVE YMCA MEMBERSHIP  
IS REQUIRED PRIOR TO  
REGISTRATION\*

## Refund / Cancellation Policy:

- The YMCA Reston Aquatics department will only credit/refund money due to medical reasons with a doctor's note.
- Any credit/refund made after the start of a session will be prorated at the discretion of the Aquatics Director. The credits on members' accounts are only good for 1 year. After that year, they will expire.
- If the YMCA Reston cancels the class or reschedules a course at the beginning of the session, full credit/refund will be given.
- The YMCA does not offer make-ups for absences.
- If verified illness prohibits class attendance, and is reported to the YMCA Aquatics Staff, a makeup lesson will be given. A doctor's note must be submitted.
- All programs have a minimum enrollment number of three participants. Programs with fewer participants may be combined or canceled. You will have the option of receiving a full refund/credit or switching to another similar price program or class.
- Only the Aquatics Director will approve a refund for a reason not mentioned above.
- After the second class, you will not be able to register for the program.
- Late registration will not be prorated.



**REGISTRATION OPENS  
AUGUST 15<sup>th</sup>**

**We offer classes for beginner to competitive swimmers of all ages!**

- Parent/Child Swim Lessons: Ages 6 Months - 3 Years
- Preschool Swim Lessons: Ages 3 - 5 Years
- Youth Swim Lessons: Ages 6 - 12 years
- Teen Swim Lessons: Ages 12 - 17 years
- Adult Swim Lessons: Ages 18 & Up

## WAYS TO REGISTER:

- Register online at Easy To Enroll: <https://easytoenroll.ymcadc.org/register>
- Register at the YMCA Fairfax County Reston front desk.
- Email our Assistant Aquatics Director Charles Pabon at [Charles.Pabon@ymcadc.org](mailto:Charles.Pabon@ymcadc.org).



## SATURDAY CLASSES

Time	Class	Age	Class Code	Full / Program Member Cost	Dates
9:00–9:30am	Stage B Water Exploration	1-4	02101-01	\$125 / \$175	9/06 - 10/18
9:00–9:30am	Stage 2 Water Movement	3-5	02101-03	\$125 / \$175	9/06 - 10/18
9:00–9:30am	Stage 3 Water Stamina	3-5	02101-04	\$125 / \$175	9/06 - 10/18
9:35–10:15am	Level 1 Water Acclimation	6-12	02201-01	\$125 / \$175	9/06 - 10/18
9:35–10:15am	Level 3 Water Stamina	6-12	02201-03	\$125 / \$175	9/06 - 10/18
9:35–10:15am	Level 4 Stroke Introduction	6-12	02201-04	\$125 / \$175	9/06 - 10/18
10:20–10:50am	Stage 1 Water Acclimation	3-5	02101-02	\$125 / \$175	9/06 - 10/18
10:20–10:50am	Stage 2 Water Movement	3-5	02101-13	\$125 / \$175	9/06 - 10/18
10:20–10:50am	Stage 3 Water Stamina	3-5	02101-14	\$125 / \$175	9/06 - 10/18
11:00–11:40am	Level 2 Water Movement	6-12	02201-02	\$125 / \$175	9/06 - 10/18
11:00–11:40am	Level 5 Stroke Development	6-12	02201-05	\$125 / \$175	9/06 - 10/18
11:00–11:40am	Level 6 Stroke Mechanics	6-12	02201-06	\$125 / \$175	9/06 - 10/18

\*7-Classes on Saturday/Sunday

## SUNDAY CLASSES

Time	Class	Age	Class Code	Full / Program Member Cost	Dates
9:30–10:00am	Stage B Water Exploration	1-4	02102-01	\$125 / \$175	9/07 - 10/19
9:30–10:00am	Stage 2 Water Movement	3-5	02102-03	\$125 / \$175	9/07 - 10/19
9:30–10:00am	Stage 3 Water Stamina	3-5	02102-04	\$125 / \$175	9/07 - 10/19
10:05–10:45am	Level 1 Water Acclimation	6-12	02202-01	\$125 / \$175	9/07 - 10/19
10:05–10:45am	Level 2 Water Movement	6-12	02202-02	\$125 / \$175	9/07 - 10/19
10:05–10:45am	Level 4 Stroke Introduction	6-12	02202-04	\$125 / \$175	9/07 - 10/19
10:50–11:20am	Stage 1 Water Acclimation	3-5	02102-02	\$125 / \$175	9/07 - 10/19
10:50–11:20am	Stage 2 Water Movement	3-5	02102-13	\$125 / \$175	9/07 - 10/19
10:50–11:20am	Stage 3 Water Stamina	3-5	02102-14	\$125 / \$175	9/07 - 10/19
11:30–12:10pm	Level 3 Water Stamina	6-12	02202-03	\$125 / \$175	9/07 - 10/19
11:30–12:10pm	Level 5 Stroke Development	6-12	02202-05	\$125 / \$175	9/07 - 10/19
11:30–12:10pm	Level 6 Stroke Mechanics	6-12	02202-06	\$125 / \$175	9/07 - 10/19

**Saturday and Sunday classes are part of an 7-class session.**