



YMCA Fairfax County Reston - Aquatics Schedule - Swim Season

2025/2026 - Winter Break Pool Schedule (12/23/2025 - 01/04/2026)

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	Monday							Tuesday							Wednesday							Thursday							Friday							Saturday							Sunday																																			
	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1																													
4:00 AM		WATER WOLVES 4:30 to 6:00							WATER WOLVES 4:30 to 6:00							WATER WOLVES 4:30 to 6:00							WATER WOLVES 4:30 to 6:00							WATER WOLVES 4:30 to 6:00							WATER WOLVES 4:30 to 6:00							WATER WOLVES 4:30 to 6:00							WATER WOLVES 4:30 to 6:00							WATER WOLVES 4:30 to 6:00							WATER WOLVES 4:30 to 6:00						4:00 AM							
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6:00 AM		MASTER SWIM 6:00 am-7:00am							SWIM TEAM 6:00am-7:00am							MASTER SWIM 6:00 am-7:00am							SWIM TEAM 6:00am-7:00am							MASTER SWIM 6:00 am-7:00am							SWIM TEAM 6:00am-7:00am							MASTER SWIM 6:00 am-7:00am							SWIM TEAM 6:00am-7:00am							MASTER SWIM 6:00 am-7:00am							SWIM TEAM 6:00am-7:00am						6:00 AM							
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