



YMCA Fairfax County Reston - Aquatics Schedule - Swim Season

2026 - WINTER Pool Schedule (01/05/2026 - 03/31/2026)

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	Monday							Tuesday							Wednesday							Thursday							Friday							Saturday							Sunday									
	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1			
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Lane assignments may change to suit current pool conditions
LIMITED OPEN/FAMILY SWIM DURING SWIM TEAM and SWIM LESSONS
YMCA PROGRAMING TAKES PRIORITY OVER OPEN SWIM / PLAY TIME

Private lessons