



# YMCA ANTHONY BOWEN

## AQUATICS

### SPRING II POOL SCHEDULE

APRIL 27, 2026 – JUNE 21, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:55am - 8:00am 3 LAPS / 3 Y-TRI	5:55am - 3:45pm 5 LAPS / 1 REC/FAM	5:55am - 8:00am 3 LAPS / 3 Y-TRI	5:55am - 9:00am 5 LAPS / 1 REC/FAM	5:55am - 8:00am 5 LAPS / 3 Y-YRI	7:15am - 9:00am 5 LAPS / 1 REC/FAM	7:15am - 9:00am 5 LAPS / 1 REC/FAM
8:00am - 9:00am 5 LAPS / 1 REC/FAM			9:00am - 10:00am 4 LAPS / 2 CLASS Aqua Arthritis		9:00am - 12:00pm 4 LAPS / 2 CLASS	9:00am - 12:00pm 2 LAPS / 4CLASS
9:00am - 10:00am 4 LAPS / 2 CLASS Aqua Arthritis			10:00am - 7:00pm 5 LAPS / 1 REC/FAM			
			7:00pm - 7:45pm 4 LAPS / 2 CLASS			
10:00am - 10:00pm 5 LAPS / 1 REC/FAM	3:45pm - 10:00pm 5 LAPS / 1 REC/FAM	8:00am - 10:00pm 5 LAPS / 1 REC/FAM	7:45pm - 10:00pm 5 LAPS / 1 REC/FAM	8:00am - 8:00pm 5 LAPS / 1 REC/FAM	12:00pm - 6:30pm 5 LAPS / 1 REC/FAM	12:00pm - 6:30pm 5 LAPS / 1 REC/FAM

**Schedule subject to change without notice**

**Everyone must SHOWER before entering the pool**

**LAP** - Available lanes for lap swimming.

**CLASS** - Lanes reserved for classes.

**REC/FAM** - Lanes reserved for recreational swimming, private lessons and families.

**Y - TRI** - YMCA Triathlon - ends 6/12

**CAMP** - Lanes reserved for YMCA Aquatics Summer Camp - starts 6/15 9am - 3:30pm

YMCA Anthony Bowen

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