HEALTHY LIVING

SOCIAL RESPONSIBILITY

the YMCA | 175 YEAR ANNIVERSARY

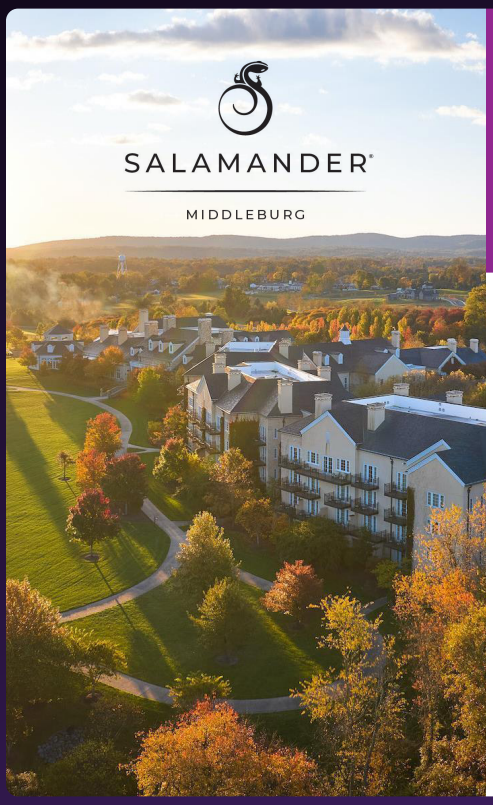
YMCA OF METROPOLITAN WASHINGTON

Annual Celebration

Live & Silent Auction Catalog

YOUTH DEVELOPMEN

Live Auction



Salamander, Tesla & Lost Barrel Getaway

Two-Night Midweek Retreat in an Estate King Room with Fireplace and Daily Breakfast, Fire Pit Experience with $50 Gift Card and Custom Steins, 48-hour TESLA Drive Experience

Sponsored by Salamander Resort & Spa; Tesla; Lost Barrel Brewing

Indulge in two nights of refined luxury at the celebrated Salamander Resort & Spa in Middleburg. Your Estate King room features a fireplace for cozy evenings, and daily breakfast sets the tone for unhurried days of relaxation.

Pull up a chair and settle in by the fire with a reserved fire pit experience at Lost Barrel Brewing. The package includes a $50 gift card and custom steins to take home as a keepsake.

Enjoy a Tesla for a full 48 hours and discover the instant acceleration, quiet ride, and cutting-edge technology that set it apart. Take a weekend road trip or simply enjoy the drive. Only four passes available.



Hotel Burg, Tesla & Greenhill Vineyards

One-Night Leesburg Getaway with Guaranteed Dinner Reservation, Premium Wine Tasting for Six Guests, 48-hour TESLA Drive Experience

Sponsored by Hotel Burg; Tesla; Greenhill Vineyards

Discover the charm of historic Leesburg with an overnight stay at Hotel Burg. A guaranteed dinner reservation means you can skip the planning and enjoy an effortless evening out.

Gather five of your favorite people for a premium tasting of Greenhill's celebrated wines against the scenic backdrop of Virginia wine country. The ideal outing for a birthday, reunion, or simply a beautiful day.

Enjoy a Tesla for a full 48 hours and discover the instant acceleration, quiet ride, and cutting-edge technology that set it apart. Take a weekend road trip or simply enjoy the drive. Only four passes available.

Live Auction



Goodstone Inn & Tesla Countryside Escape

A Countryside Estate Escape, Paired with a 48-hour TESLA Drive Experience

Sponsored by Goodstone Inn; Tesla

Arrive in style and unwind in the rolling hills of Virginia hunt country. This getaway pairs a stay at the storied Goodstone Inn with a 48-hour Tesla drive experience, so the journey is as memorable as the destination.



Maison Epicure & Dancing Goat Dinner Party

A Private Five-Course Culinary Experience for Up to Ten Guests, Specialty Spirits and Branded Collection

Sponsored by Maison Epicure; Dancing Goat Distillery

Maison Epicure will craft and serve an elegant five-course menu for you and up to nine guests, bringing restaurant-caliber artistry to your own table. Ideal for milestone celebrations or intimate dinner parties.

This bundle pairs Dancing Goat's specialty spirits with a curated selection of branded products. Stock the home bar, elevate your next gathering, or gift it to the spirits enthusiast in your life.



Agora & Music Center at Strathmore

Mediterranean Dinner and VIP Box Seats at Strathmore

Sponsored by Agora Restaurant; The Music Center at Strathmore

Start the evening with authentic Mediterranean cuisine at Agora Restaurant with a $50 gift certificate. Then take in a show at the Music Center at Strathmore from two VIP Box seats, complete with private Comcast Circles Lounge access and two complimentary drink tickets.

Live Auction



Camp Letts Labor Day Weekend

A Full Labor Day Weekend Retreat on the Chesapeake Bay

Sponsored by YMCA Camp Letts

Gather your family, friends, or celebration group for a full Labor Day weekend at YMCA Camp Letts in Edgewater, Maryland, set across 219 acres along the Chesapeake Bay. Waterfront views, open space to explore, and time together make this the ultimate end-of-summer retreat.



JOOLA Pickleball Trip

Pickleball Getaway with JOOLA Celebration Clinics

Sponsored by JOOLA

Enjoy a three-night luxury stay in Las Vegas paired with two tickets to JOOLA's Pickleball Celebration Clinics. Sharpen your game alongside fellow enthusiasts, learn from top-tier talent, and take home your choice of a premium JOOLA paddle or pro bag.

Silent Auction

Ready to bid?

Scan the QR code to browse our silent auction items and get in on the action!



Private Tennis or Pickleball Court Party

Serve, Spike and Socialize: A 2.5-Hour Private Court Party

Sponsored by ProsToYou Tennis

The pros will design a 2.5-hour tennis or pickleball event tailored to your group's skill level, whether you're rallying colleagues, friends, or family. Expect expert guidance, lively play, and plenty of fun on and off the court.



Bradford Portraits Package

The Luxury Portrait Experience: $5,000 Value with 20" Canvas and Overnight Stay

Sponsored by Bradford Renaissance Portraits

This exceptional package includes a luxury portrait session with Bradford Portraits, a 20" gallery-quality canvas, and a one-night hotel stay. Ideal for families, couples, or anyone ready to create a true heirloom.

Silent Auction



Mini Thanksgiving Feast

A Mini Thanksgiving Feast, Prepared for You

Sponsored by DIG Inn

Enjoy the comfort of a holiday table without a single hour in the kitchen. This feast includes large sides of turkey, stuffing, mashed potatoes, chili lime Brussels sprouts, and one more side of your choosing, finished with cranberry compote and rich gravy.



Loudoun United FC Matchday & First Kick

Four Premium Tickets and First Kick Matchday Experience

Sponsored by Loudoun United FC

This package includes four premium tickets to a Loudoun United FC match plus the exclusive First Kick experience.



Olney Theatre Dinner & A Show

Dinner and a Show: Four Premium Tickets with a $50 Agora Certificate

Sponsored by Olney Theatre Center; Agora Bethesda

Enjoy a night out in Montgomery County featuring four premium tickets to any regular mainstage performance at Olney Theatre Center, paired with a $50 dining gift certificate to Agora in downtown Bethesda.



Children's Book Collection

Curated Book and Retail Collection

Sponsored by Middleburg Books

Thoughtfully selected titles and treasures from a beloved local bookshop make this a celebration of the written word. A gift that keeps on giving, one chapter at a time.

Silent Auction



Bowling & Games for Eight

Two Hours of Bowling and Games for Eight

Sponsored by Pinstack

Round up the crew for two hours of bowling with shoes for eight, two appetizers to share, and eight 20-point game cards. Great for families, birthdays, or team outings.



Concert Tickets at Jiffy Lube Live

Two Concert Tickets at Jiffy Lube Live

Sponsored by Live Nation

Enjoy two tickets to a concert at Jiffy Lube Live, one of the region's premier outdoor venues. Share the energy of a great show with someone who loves the music as much as you do.

NATIONAL BUILDING MUSEUM

National Building Museum

Four General Admission Passes

Sponsored by National Building Museum

Enjoy a classic D.C. day out in Capitol Hill and Penn Quarter. Explore world-class architecture and design with four passes to the historic National Building Museum.

A Place To Be

Custom Original Song

Your Story, Set to Music: A Custom Original Song by Tom Sweitzer

Sponsored by A Place To Be (Tom Sweitzer)

Turn a special memory or milestone into a personalized musical masterpiece! Enjoy a private consultation with co-founder Tom Sweitzer to select your theme and style, followed by a custom-written one-minute original composition. Delivered as a high-quality, professionally recorded digital audio file to share and treasure forever.

Silent Auction



Imagination Stage & Agora

Family Theater Outing: Four Tickets with a $50 Agora Certificate

Sponsored by Imagination Stage; Agora Restaurant

Bring the whole family to Imagination Stage for a live performance that sparks creativity in young audiences. Before or after the show, enjoy a meal at Agora with a $50 gift certificate.



Vineyard Experience

Private Vineyard Tour and Tasting Experience

Sponsored by Slater Run Vineyard

Go beyond the tasting room with a guided vineyard tour followed by an exclusive tasting. It's a closer look at the land, the craft, and the wines that make this estate special.

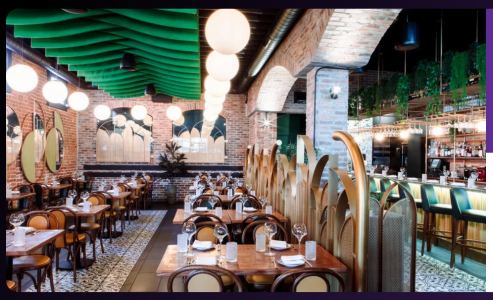


Dinner for Two

Dinner for Two at Cafe Sazon

Sponsored by Cafe Sazon

Settle in for an evening of vibrant flavors and warm hospitality as you savor Cafe Sazon's signature dishes. The perfect date night or catch-up with a dear friend.



Agora Gift Certificates

Four $50 Gift Certificates

Sponsored by Agora Restaurant

Savor authentic Mediterranean dishes with four $50 gift certificates to Agora Restaurant. Use them for a series of nights out or one memorable feast with friends.

Silent Auction



Jamis Allegro Bike & Accessory Package

Jamis Allegro Bike and Accessory Package

Sponsored by Handy Bikes

Hit the road in comfort and style with a Jamis Allegro bike and matching accessories. Perfect for cruising local trails, commuting, or a leisurely weekend ride.



Two Performance Tickets to National Theatre (DC)

National Theatre (DC)

Sponsored by National Theatre (DC)

Take your seats at one of the nation's most historic stages for an evening of spectacle and storytelling. The perfect centerpiece for a night on the town.



Four Show Tickets to Stagecoach Theatre

Four Show Tickets

Sponsored by Stagecoach Theatre

Share the magic of live theater with four tickets to a Stagecoach Theatre production. Local talent and community spirit make this a delightful outing for family and friends.



KID Museum Birthday Party

A Private Maker Birthday Party for Up to 10 Kids

Sponsored by KID Museum

Give the birthday star a celebration to remember, with full access to KID Museum's hands-on exhibits and a private one-hour workshop led by a professional Maker Educator. The party continues in a dedicated room with cake, refreshments, and decorations, plus a special KID t-shirt for the guest of honor. Includes ten children and two adults.

YOUR IMPACT

Each year, with your support, the YMCA of Metropolitan Washington ensures...

1,200+ local children learn and grow in childcare with over $93,000 in scholarships provided

1,000+ local student-athletes strive for greatness

more than 60 Power Scholars gain two months of academic progress in the summer

12,000+ campers thrive with 350+ scholarships given

750+ teens hone leadership skills in our Youth & Govt. program while building a better future

over 6,000 STEAM learning experiences for children and teens

over 32.1k experiences are provided for seniors through programs like Fit & Well Seniors, helping them stay social and active throughout the entire year

21,000+ members pursue a healthy lifestyle each month at our wellness centers

7,600+ swimmers learn critical aquatic skills and water safety

400+ adults prevent diabetes and high blood pressure

392,000+ healthy meals are provided to children in need

1,300+ lbs of produce are distributed to vulnerable communities

3,200+ adults and children receive mental health care and social services through YFS

$419,000 scholarship dollars includes adults and children of all backgrounds

1,465 local volunteers support our community efforts over more than **25.4k** total hours









the YMCA 175 YEAR ANNIVERSARY

Additional Support

FOOD ACCESS & NUTRITION

Good health starts with good food, and the YMCA works to make both available to everyone. Working with DC Health, the Y delivers SNAP-Ed nutrition education across the District. That includes hands-on cooking classes that use the evidence-based Simple Cooking with Heart and A Taste of African Heritage curricula. In 2025, the Y's SNAP-Ed team taught 89 classes to 1,582 families, adults and seniors, and its online lessons drew another 4,169 views. Each summer, the Y's Veggie Butchers help Produce Plus shoppers prepare fresh fruits and vegetables at farmers markets; in 2025 they served 15 markets. The Y also reached 19,000 eligible families to help them enroll in SUNBUCKS, the city's summer food assistance program.

Food insecurity and diet-related disease are closely linked, so the Y treats nutrition as part of overall health. Last year, the Y served 392,721 meals and 116,343 snacks to children in its care. It also delivered 1,313 pounds of fresh Hungry Harvest produce to health program participants. Community Dietitians provided 193 one-on-one nutrition counseling sessions and welcomed 285 new members with an introductory session. Every participant who answered the follow-up survey said the counseling met their expectations.

FIT & WELL SENIORS

Since 2010, the YMCA Fit & Well Seniors program has helped older adults in Washington, DC find energy, movement and friendship, all at no cost. It began as a partnership with CareFirst BlueCross BlueShield and now offers more than 50 in-person fitness classes, on land and in the water, in all eight wards. More than 30 online classes let seniors take part from home.

Many of the District's 100,000-plus seniors are widowed, live on modest incomes or have few chances to stay active and connected. Fit & Well Seniors offers them more than exercise: health assessments, wellness clinics, trips, social clubs and activities across generations. More than 5,000 seniors take part each year. In 2025, the program created more than 32,000 experiences for older adults, with support from partners including the DC Department of Aging and Community Living and the DC Department of Parks and Recreation.

SEND A KID TO CAMP

Summer camp is where kids become more independent, make new friends, explore nature and find out what they can do. No child should miss out because of cost. Send a Kid to Camp provides full and partial scholarships so children from families who couldn't otherwise afford it can spend their summer at YMCA day camp or at YMCA Camp Letts. Camp Letts, founded in 1906, is the region's oldest overnight camp.

Every gift makes a real difference. $335 sends a child to a week of day camp, and $945 gives a child a full week of overnight camp at Camp Letts. In 2025, YMCA camps created more than 14,500 summer experiences. With your help, even more children can spend a summer building confidence, resilience and memories that last a lifetime.

PICKLEBALL FOR PARKINSON'S

Pickleball for Parkinson's, powered by JOOLA, uses one of America's fastest-growing sports to help people with Parkinson's disease move better and live better. In this free six-week program, people with Parkinson's and their caregivers play alongside instructors trained in Parkinson's care and certified YMCA pickleball coaches. Classes are capped at eight players and meet at YMCA Bethesda-Chevy Chase, YMCA Silver Spring, and the YMCA Arlington Tennis & Pickleball Center. Y membership is not required.

The benefits reach well beyond the court. Pickleball builds coordination, balance, fine motor skills and endurance. In one Creighton University study, people with Parkinson's improved upper-limb function by up to 35% after six weeks of play. Just as important, players find confidence and a supportive community. In 2025, the program's first year, the Y provided 727 free sessions to 36 participants.

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In Addition to the Auction...

You can make an even greater impact by supporting YMCA programs that change lives, from Fit & Well Seniors and Pickleball for Parkinson's to Food Access & Nutrition Education and Send a Kid to Camp. Your generosity helps neighbors of all ages live healthier, more connected lives.

SCAN BELOW TO DONATE TODAY.

FOOD ACCESS & NUTRITION EDUCATION

FIT & WELL SENIORS

SEND A KID TO CAMP

PICKLEBALL FOR PARKINSON'S